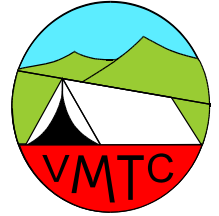

The Victorian Mountain Tramping Club

Clubrooms

Powlett Reserve Community Room
Cnr. Grey and Simpson Streets, East Melbourne
(south of tennis courts) Melway Ref: 2G F2

Incorporated

ACN A628G
PO Box 1340 Melbourne 3001
vmtc.asn.au



The VMTC usually meets on the 3rd Thursday night of the month (except on or before public holidays) from 8 pm until approximately 9.30 pm and there is usually a social or information event. Visitors are most welcome.

The General Meeting is usually held on the 3rd Thursday of February. The Annual General Meeting is held in August.

Summary of the Club Objectives

- To provide opportunities for members to walk in congenial company
- To promote walking and allied activities
- Encourage the appreciation and preservation of our natural assets and wildlife

How to Join the Club

1. Attend one club walk as a visitor
2. Fill in application for membership
3. Pay \$20 entrance fee for prospective membership
4. Attend two more walks within the next six months as a prospective member
5. The application is submitted to the committee for approval
6. Upon committee approval, pay membership fee.

Annual Subscriptions

Full member (18+): \$50/Early bird \$40*

Family: \$90/Early Bird \$80*

**Pay by October 31 to qualify for the Early Bird discount of \$10 off full and family subscriptions*

Visitor fee: \$5 per trip

Office Bearers

President: Agata Rome

Vice President: Colin MacDonald

Secretary: Alec Stewart

Treasurer: Keith Seddon

Walks Secretary: Peter Conroy

Membership Secretary: Tony Hampton

Social Secretary: Nola Sanders

General Committee

Ranka Knezevic

Anna Thompson

Damien Walters

Booking for Trips

Choose a trip (see the current activities program or on the VMTC website).

Members should contact the Leader and then register for the trip using the VMTC online booking. Visitors should either telephone or go into the clubrooms on the designated club nights or contact the membership secretary at membership@vmtc.asn.au. Confirm your booking with the leader closer to the trip as required by the leader.

Transport

Usually shared private car with sharing of travel costs.

Risks and Obligations

Club trips necessarily involve physical activity in areas that may have rugged terrain and be exposed to extremes of weather. The club attempts to ensure that leaders are experienced in the activities that they lead.

Participants must understand that they are responsible for their own fitness, experience and appropriate equipment. They accept the risk of injury involved in club activities and that the club, or club members, cannot be held responsible for any injuries incurred.

VMTC recommends that participants have their own personal health/risk insurance and ambulance insurance.

Transport delays etc may prevent club parties returning on schedule. Please ensure that anyone who would worry knows to ring a club Emergency Contact as listed below.

Newsletter Editor (collation)

Rosalind Leong

Emergency Contacts

Margaret Timbury

Fay and Dave Rimmer

David and Lyn Miller

BSAR Delegate

Roger Palmer

The Victorian Mountain Tramping Club Inc. A628G
 Program of Activities: April 2020 to July 2020

Type	Date	No. Days	Activity	Grade	Leader
APRIL					
Ext	2-5 April	4	Friends of Baw Baw Conservation	E	Jim
W/E	4-5 April	2	Eagles Peaks - Howqua River - Eight Mile Spur	M	Gina
W/E	4-5 April	2	East Gippsland Rail Trail Cycle Tour	M	Brian
Sat	4-Apr	1	Yarra Paddle - Dights Falls to Docklands.	E	Peter
Sun	5-Apr	1	Mornington Peninsula	E	TBA
Ext	8-17 April	10	Overland Track	M	Helen
Ext	10-13 Apr	4	Main Range NSW	E	Chris
Ext	10-13 Apr	4	Brandy Creek - Paling Spur	M	Jane
Ext	10-13 Apr	4	Northern Prom Expedition Paddle	M-H	Ian
Ext	13-16 Apr	4	Northern Wilsons Promontory	M	Agata
Wed	15-Apr	1	Yarraville to Williamstown	M	Bill
Thurs.	16-Apr	1	Social Night - Clubrooms: BSAR and when you are lost		Social Secretary
W/E	18-19 April	2	Paling spur/Young's hut/Dungeys track	M-H	Gary
Sun	19-Apr	1	Mt. Macedon / Mt. Towrong circuit	M	Nola
W/E	25-26 April	2	Mount Howitt - Magdala	M	Chris
W/E	25-26 April	2	Mt. Howitt - Helicopter Spur	M	Keith
Sun	26-Apr	1	Pyrites Creek	M	Tony

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Type	Date	No. Days	Activity	Grade	Leader
MAY					
W/E	2-3 May	2	100 km in 24 hours	H	Peter
Ext	4-9 May	6	Mt. Bogong - Fainters circuit	M	Damien
W/E	9-10 May	2	Beeripmo Track	M	James
Sun	10-May	2	Brisbane Ranges - Spring Creek	M	Jopie
W/E	16-17 May	1	Gippsland Lakes Basecamp	E	Chris
W/E	16-17 May	2	Lilydale to Warburton bike ride	M	Helen
W/E	16-17 May	2	Grampians	M	David
Sun	17-May	1	Macedon Ranges Walking Trail	E-M	Agata
Wed	20-May	1	Aspendale Circuit	E	Ian
Thurs.	21-May	1	Social night - Clubrooms: Kokoda Track		Social Secretary
W/E	23-24 May	2	Base Camp: Mt. Samaria and Mt. Timbertop	M	Keith
Sun	24-May	1	Expedition Pass Reservoir - Chewton	E-M	Nola
W/E	30-31 May	2	Venus Bay to Bear Gully	M	Tony
W/E	30-31 May	2	Melville Caves - Mt. Kooyoora Base Camp	E-M	Hugh
Sun	31-May	1			
JUNE					
Ext	6-Jun - 31 Jul	56	Kimberley	M	Damien
Ext	6-8 Jun	3	Great Ocean Walk	M	Julia
Ext	6-8 Jun	3	Bike Ride - Western Victoria	M	Marianne
Ext	6-8 Jun	3	Base Camp: McMillans Walking Track	M	Peter
Sun	7-Jun	1			
W/E	13-14 Jun	2	Northern Grampians - Mt. Zero	M	Hugh
Ext	13 - 29 Jun	17	G11 Spanish Pyrenees	M	Keith
Sun	14-Jun	1	Two Bays Walk	M	Agata
Wed	17-Jun	1	TBA		
Thurs	18-Jun	1	Social Night: TBA		Social Secretary
W/E	20-21 Jun	2	Wilson's Promontory: lighthouse/South Point	E	Jim
Sun	21-Jun		Werribee Gorge	E	TBA
W/E	27-28 Jun	2	Grampians	M	Peter
Sun	28-Jun				

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Type	Date	No. Days	Activity	Grade	Leader
JULY					
W/E	4-5 Jul	2	Bairnsdale Base Camp	E	Maureen
W/E	4-5 Jul	2	Baw Baws walk/ski	E	TBA
Sun	5-Jul	1	Daylesford & Sailors Falls	M	Colin
W/E	11-12 Jul	2	Ski trip	E-M	TBA
Sun	12-Jul	1	Lake Mountain walk/ski	E	TBA
Wed	15-Jul	1	TBA		
Thurs.	16-Jul	1	Social Night - Clubrooms: Nepal		Social Secretary
W/E	18-19 Jul	2	Tidal River base camp	E	Jim
Sat	18-Jul	1	Bayside Beach Bash & Coffee Crawl	M	Keith
Sun	19-Jul	1	Ski trip	E-M	Leader needed
Ext	21-30 Jul	10	Chewings Range NT Hugh Gorge to Ormiston Gorge	H	Tony
W/E	25-26 Jul	2	Wilson's Promontory	E	Greg
W/E	25-26 Jul	2	Murray River Paddle - Bahmah (Base Camp).	E-M	Peter
Sun	26-Jul	1	Cathedral Range	M	TBA

Standard: the gradings below are given as examples only. Easy, medium-hard etc should be supplemented by the leader's description of why the grading is given.

o Easy: mainly on tracks, with few climbs and descents. Suitable for most people in good health. Walking time four to five hours, distance up to 15 kilometres per day.

o Medium: moderate climbs and descents, on and/or off track in open or forest areas. Suitable for fit people with experience. Walking time five to six hours, distance up to 20 kilometres per day.

o Hard: hard consistent walking, moderate or longer climbs and descents, on and/or off track in medium scrub or forest areas. May include rough terrain. May include sections exposed to bad weather (blizzards, etc). Walking time six to eight hours, distance can be 20 kilometres or more per day.

o Very hard: very hard consistent walking in difficult terrain, few rests, thick scrub, alpine or desert areas. Walking time eight to 12 hours.